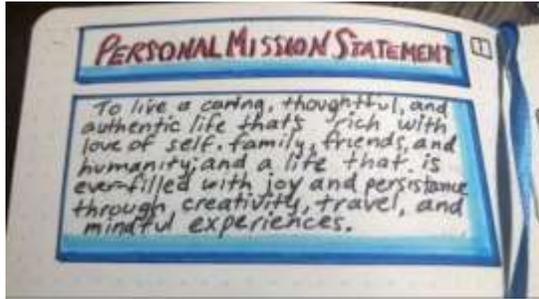


Keeping a Family Journal: Can Be A Difference-Maker in Genealogy

How well do you remember the small, touching experiences that have happened in your family through the years? A good way to preserve those memories is to create and keep a family journal. In her article [24 Ways and Reasons to Keep a Family Journal](https://old.passionatehomemaking.com/2011/10/24-ways-and-reasons-to-keep-a-family-journal.html) at <https://old.passionatehomemaking.com/2011/10/24-ways-and-reasons-to-keep-a-family-journal.html> by blogger Trina Holden shares tips for making journals a fun and meaningful family experience. You can find additional tips on creating and sharing journals in Project 2: Memories, [Goal 9](https://www.thefhguide.com/project-2-memories09.html#c) at <https://www.thefhguide.com/project-2-memories09.html#c> and ([See all tips](https://www.thefhguide.com/tip-of-the-day.html) at <https://www.thefhguide.com/tip-of-the-day.html>)



Closing Comments

When future generations conduct their family genealogical research, consider the importance of keeping a family journal. Your personal observations about you and your family will can be paramount in filling in memories beyond ones expectations to others who have never met you. Constant updates to add for your personal **history** — If your personal **history** hasn't been ... pay attention to your **family**, and think about life in general, you'll find plenty of material. ... reactions if we are actively **keeping a journal**. Keep adding short vignettes in your social media as there will be a day that those vignettes can be added to your life story seamlessly with photos and stories. That day is coming soon as the technology to input those social media entries can be captured and saved and imported cleanly into you family history.

Below are more ideas on how family journals can enhance your genealogical endeavors. Here is a famous quote worth remembering when considering the importance of family history:

“What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others.” Pericles (Greek statesman of Athens who died in 429 BC).

7 Journal Ideas to Help You Record Your Story • FamilySearch

<https://www.familysearch.org/blog/en/7-journal-ideas/>

These days, the ways to **keep a journal** have increased dramatically. ... As we experience what life brings, **keeping a record** of our activities and ... As your **family** members go to the same places you went, read your words, and ...

Journaling Your Family History ... - The Armchair Genealogist

<https://www.thearmchairgenealogist.com/2012/10/journaling-your-family-history-journey.html>

Reflect on your discoveries. The Benefits of **Keeping a Family History Journal** Beyond the opportunity to write freely about your thoughts and feelings as they ...

The Benefits and of Keeping A Family Journal – The ...

<https://www.thefhguide.com/blog/the-benefits-and-blessings-of-keeping-a-family-journal/#:~:text=Among%20the%20top%20benefits%20and,histories%20are%20written%20later%20on.>

A **family journal** can be a simple means to great blessings and benefits for your **family!** Create a lasting **record** of your comings and goings, the ...

Love recording **family history**? Remember to **keep** track of your own with personal **journal** writing. Consider these tactics and topics to help you ...

[590 Family History & Journaling ideas in 2021 | family history ...](https://www.pinterest.com/lori_sherman/family-history-journaling/)

https://www.pinterest.com/lori_sherman/family-history-journaling/

Family History made easy: I am a list maker. I **keep** track of life through pages and pages of notebooks and to-do lists and **journals**. Through the years these scraps ...

[49 Record-keeping, journaling & family history ideas - Pinterest](https://www.pinterest.com/jennybay/record-keeping-journaling-family-history/)

<https://www.pinterest.com/jennybay/record-keeping-journaling-family-history/>

A darling child's **journal** for kids with daily prompts, fun fill-in-the-blanks, and spaces for them to draw and doodle! Journaling ...

[Keeping A Family Journal - A Family for Every Child](https://www.afamilyforeverychild.org/keeping-a-family-journal/)

<https://www.afamilyforeverychild.org/keeping-a-family-journal/>

Keeping A Family Journal ... Journaling as a **family** can be a therapeutic bonding experience and create a **record** of memories. A **journal** captures ...

[The 8 Best Family Journals - The Spruce](https://www.thespruce.com/journals-with-questions-preserving-family-memories-1422103)

<https://www.thespruce.com/journals-with-questions-preserving-family-memories-1422103>

Record your life with a **journal** that turns into an autobiography for your **family**. Whether you want to put your story down in writing for your kids, ...

[Chapter 12: Finding and Creating Personal and Family Histories](https://www.churchofjesuschrist.org/study/manual/introduction-to-family-history-student-manual/chapter-12?lang=eng)

<https://www.churchofjesuschrist.org/study/manual/introduction-to-family-history-student-manual/chapter-12?lang=eng>

Family records could include pedigree charts, **family** group sheets, **journals**, ... “Now should we not **keep** a **Journal**, **record**, & **History** of the dealings of God with ...



Our FAMILY TIME Capsule

TO BE OPENED ON _____

Create your family time capsule to hide and open in one year!

- 1 Find a jar, an empty shoe box or a box. Cut the lid out and write the date you want to open it (a year from now, for example). Give the label to your time capsule.
- 2 First have each family member fill out the next two pages. Next, choose from more ideas below and check the boxes as you add the items to your capsule.
- 3 Once all your treasures are inside, seal the time capsule. Now it's time to hide it! When you open the capsule next year, tell how much you've all changed!

TIME CAPSULE TREASURE IDEAS

- All about me
- Favorite moments
- Family photos
- A medal or certificate
- Your art work
- A card from a friend/family
- Something from your birthday
- A family recipe
- List of current events
- Handprints
- Special object
- A letter to my future self
- A list of fun memories
- Pet photos



COPYRIGHT BIG LIFE JOURNAL - BIGLIFEJOURNAL.COM



25+

BULLET JOURNAL IDEAS THAT'LL BRING FAMILIES TOGETHER

